



**UCLL**  
HOGESCHOOL

# Experiences with Multicultural Care

Training seminar: Multicultural care 6.9.2022

Anja Garone, RN, MSc.

#MOVINGMINDS

# MULTICULTURAL CARE EDUCATIONAL MODEL





# 1. Openness to others



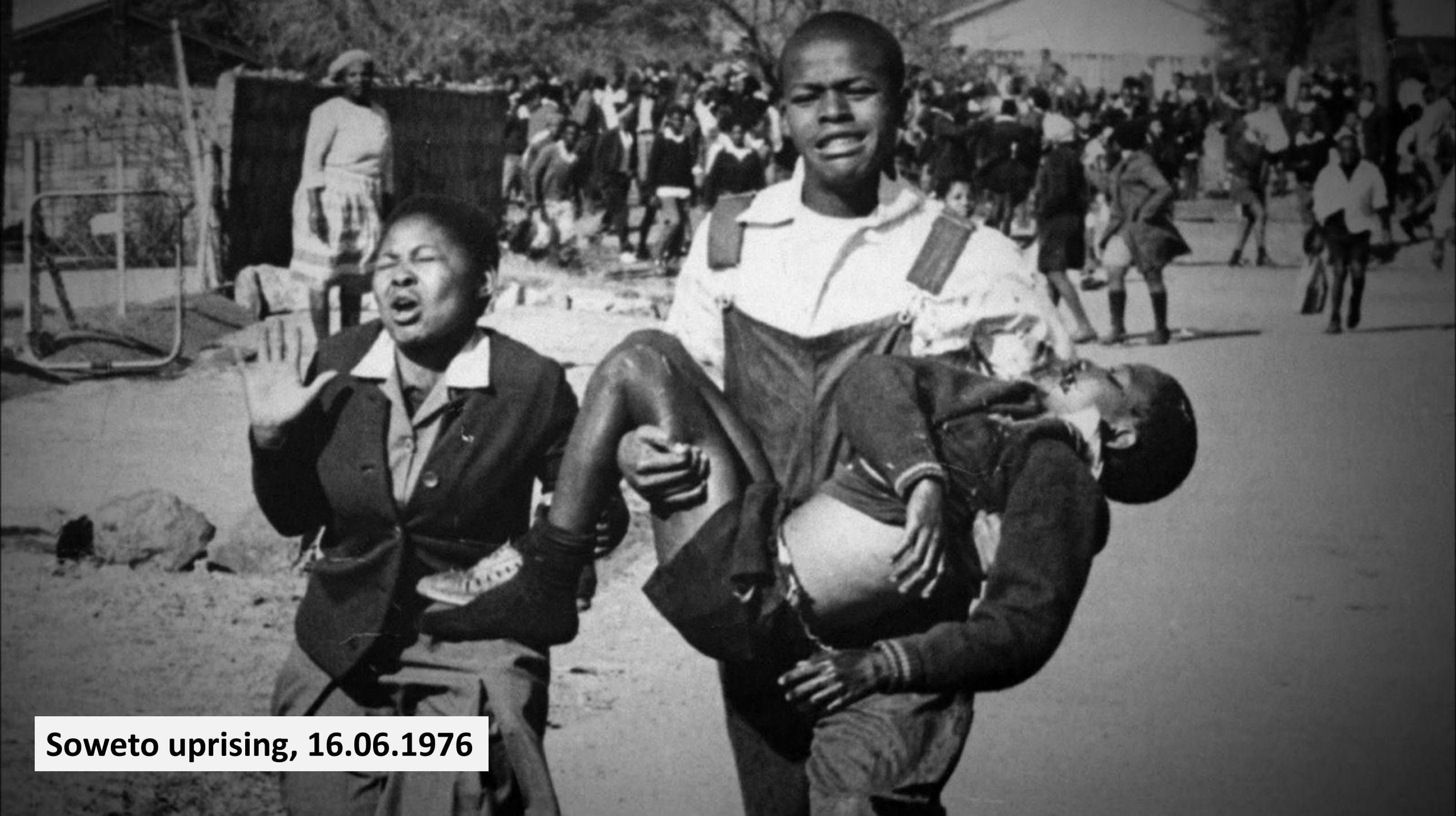
Allow me to  
introduce myself...

Mischpaket  
Inhalt diverse Artikel









**Soweto uprising, 16.06.1976**



## 2. Cultural Awareness





**Finland is cold!**





**Sauna Diplomacy**

**How do you spot an extrovert in Finland?**





**A South African “Introvert” in Finland**



**What are the norms, values, expectations... etc Of the person in front of you?**

**(Openness + awareness) X Dialogue = building relationships founded in trust**



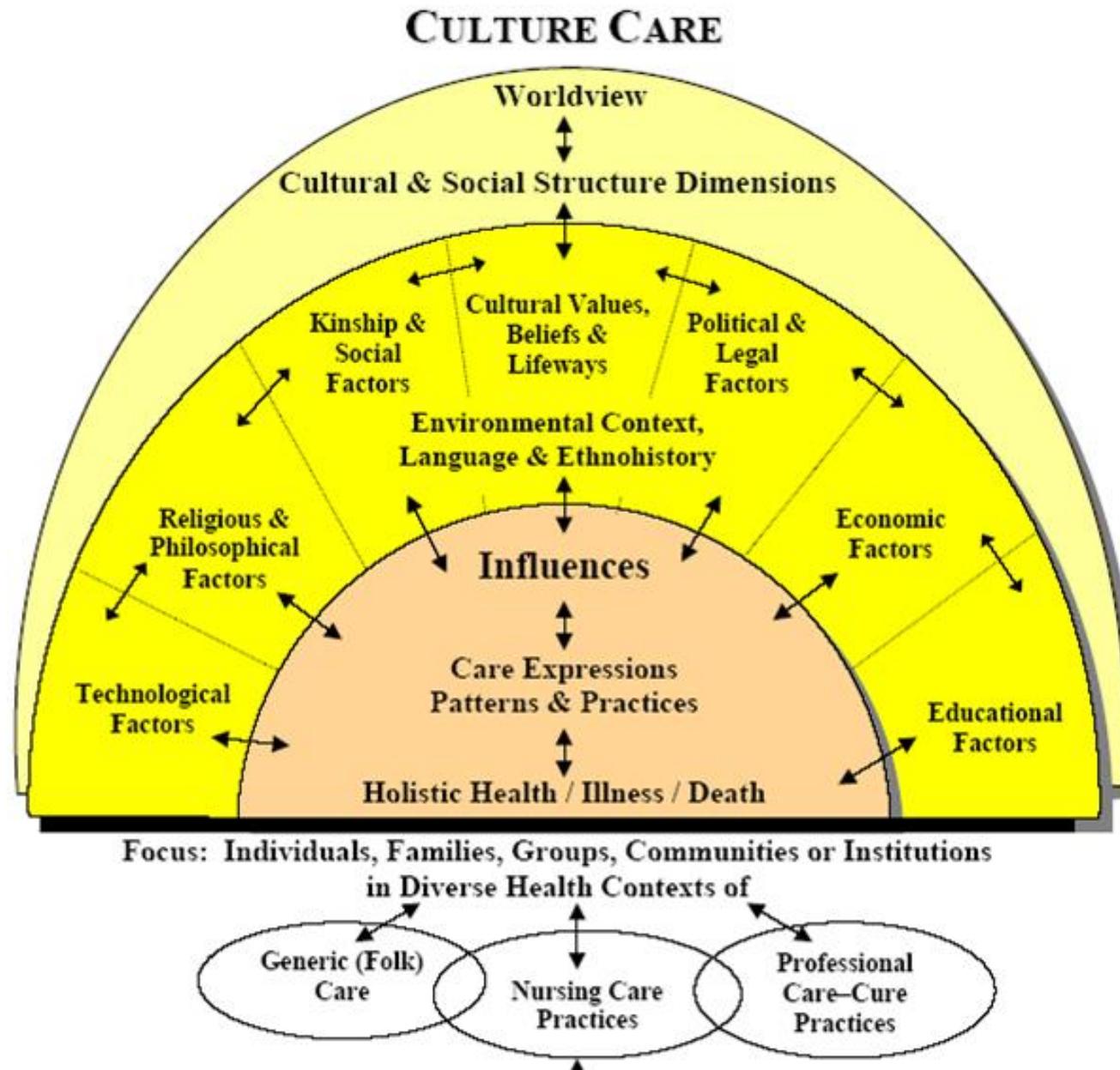


# 3. Cultural Knowledge

**Global and Transcultural health course, Bachelor of Nursing class of 2009, Helsinki**

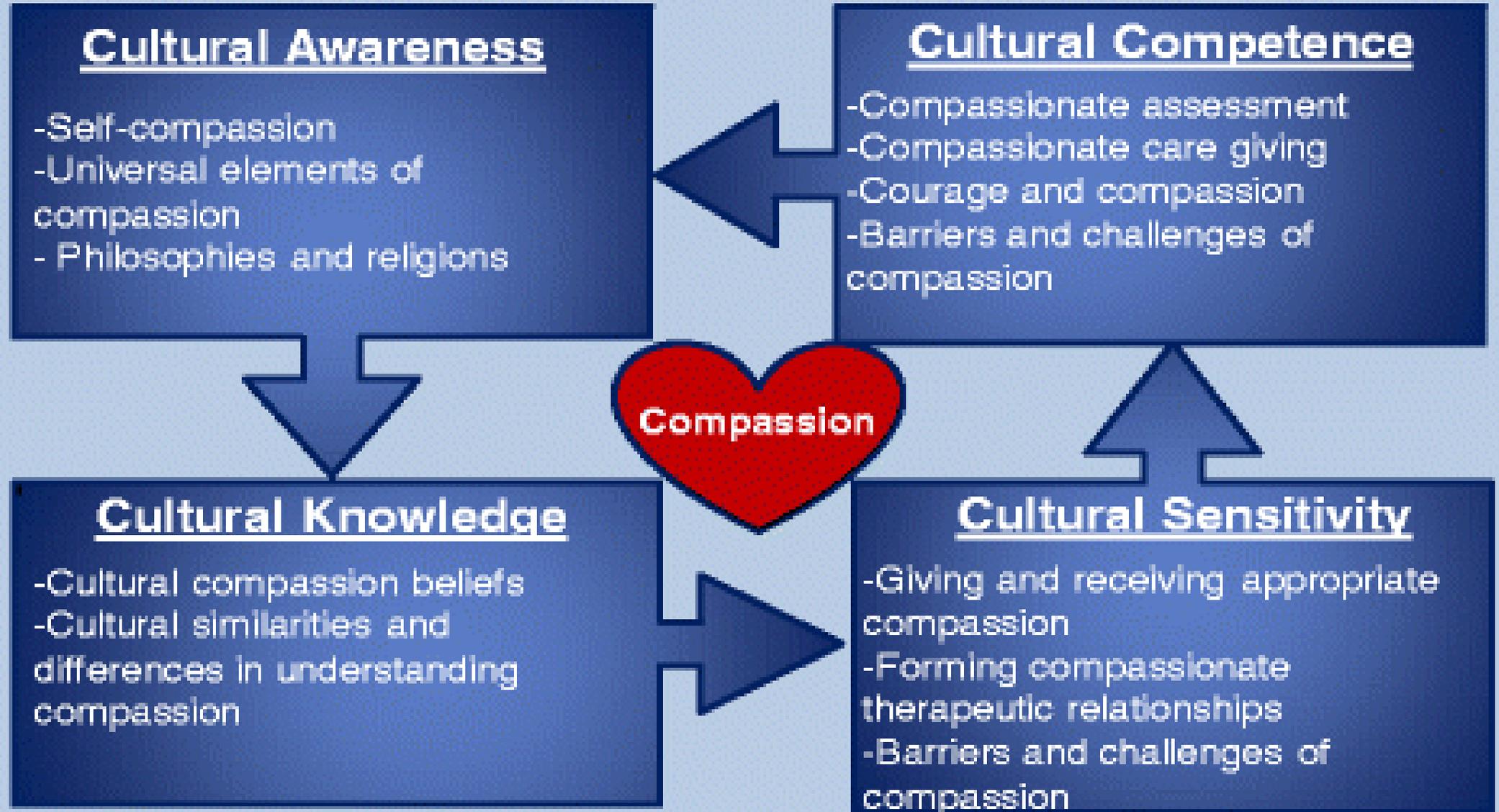


Leininger's Sunrise Enabler to Discover Culture Care





# COMPETENT AND COMPASSIONATE HEALTHCARE PROFESSIONALS

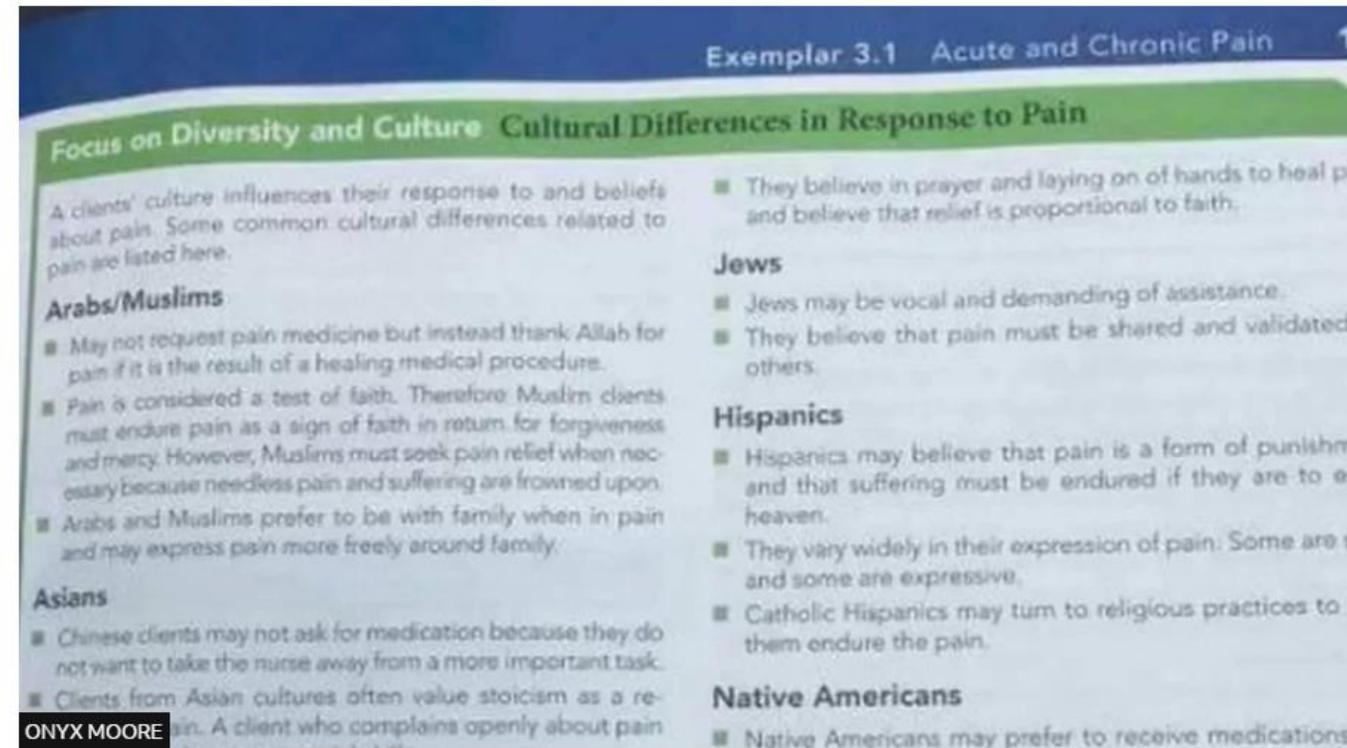


What happens if you only focus on cultural knowledge?

# Publisher apologises for 'racist' text in medical book

By Rozina Sini  
BBC UGC & Social News

20 October 2017



The publishers of a textbook for nurses that has been criticised by social media users for containing racist material, have apologised for the offence caused and removed the offending passages.

Nursing: A Concept-Based Approach to Learning, contains advice for nurses

MEDICINE AND SOCIETY

Debra Malina, Ph.D., *Editor*

## Misrepresenting Race — The Role of Medical Schools in Propagating Physician Bias

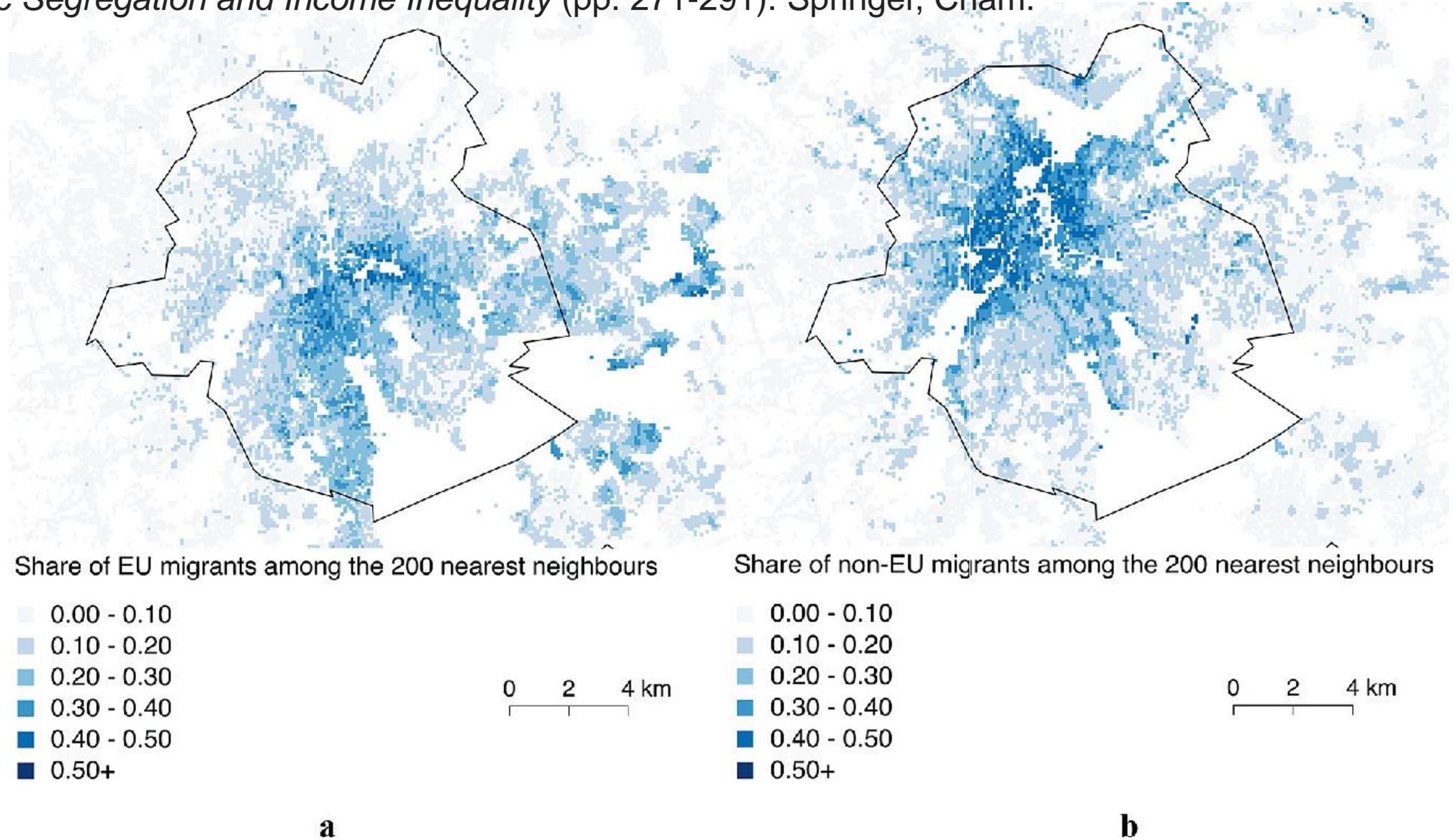
Christina Amutah, B.A.,\* Kaliya Greenidge,\* Adjoa Mante, A.B.,\* Michelle Munyikwa, Ph.D.,\*  
Sanjna L. Surya, B.A.,\* Eve Higginbotham, M.D., David S. Jones, M.D., Ph.D.,  
Risa Lavizzo-Mourey, M.D., M.B.A., Dorothy Roberts, J.D., Jennifer Tsai, M.D., M.Ed.,  
and Jaya Aysola, M.D., D.T.M.H., M.P.H.

Conceptions of race have evolved and become more nuanced over time. Most scholars in the biologic and social sciences converge on the view that racism shapes social experiences and has biologic consequences and that race is not a meaningful scientific construct in the absence of context.<sup>1-3</sup> Race is not a biologic category based on innate differences that produce an

In examining more than 880 lectures from 21 courses in one institution's 18-month preclinical medical curriculum, we found five key domains in which educators misrepresent race in their discussions, interpretations of race-based data, and assessments of students' mastery of race-based science.

Indeed, in all the authors' home institutions

Costa, R., & De Valk, H. A. (2021). Socio-spatial Disparities in Brussels and its Hinterland. In *Urban Socio-Economic Segregation and Income Inequality* (pp. 271-291). Springer, Cham.





# 4. Cultural Encounters

**Goodbye, Finnish winter**

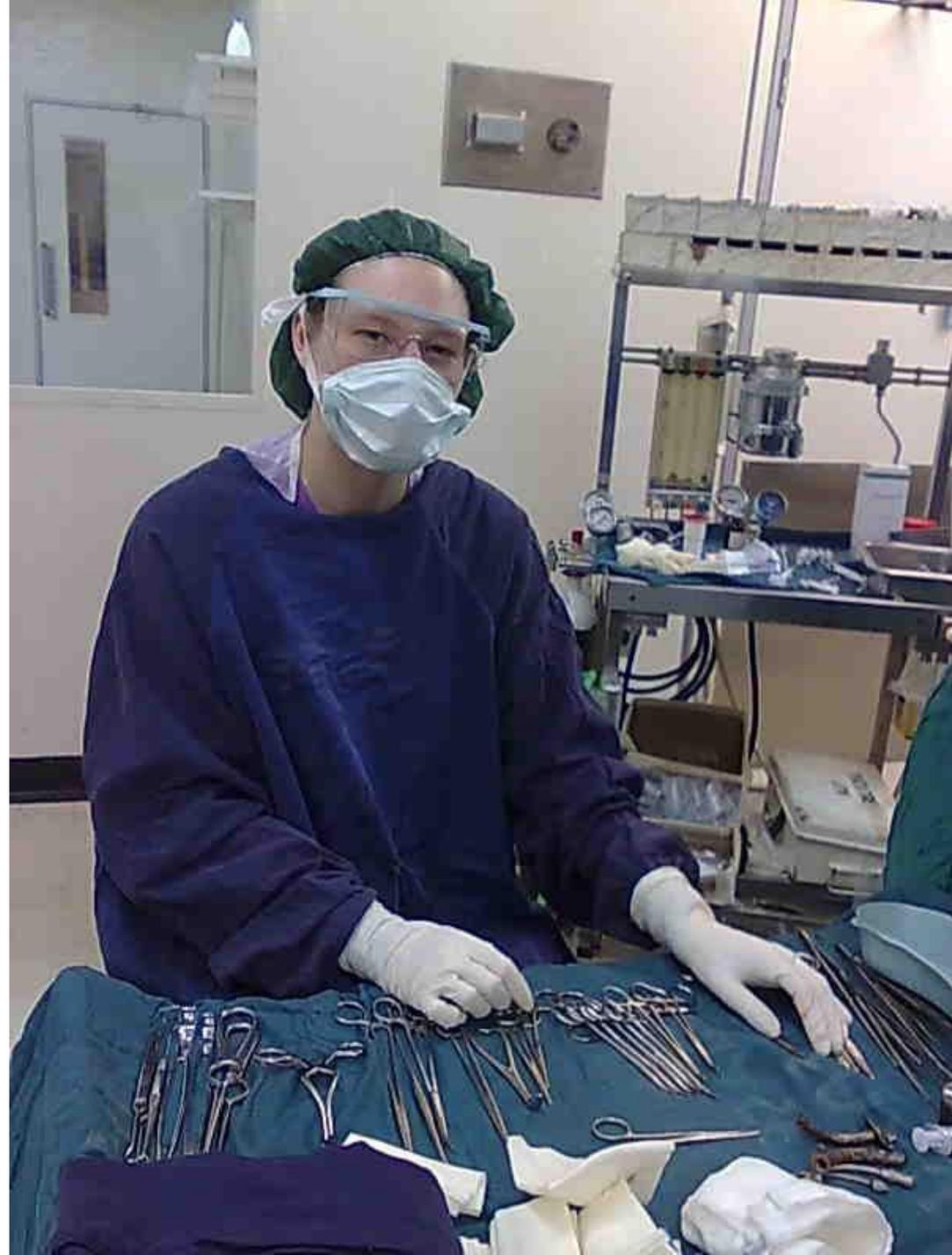




21 LAPINLAHTI

BERLIINI







Boum, Y., Kwedi-Nolna, S., Haberer, J. E., & Leke, R. R. (2021). Traditional healers to improve access to quality health care in Africa. *The Lancet Global Health*, 9(11), e1487-e1488.

Comment

## Traditional healers to improve access to quality health care in Africa



In Cameroon, we like to say, “one finger cannot hold a piece of meat”. In other words, at least two fingers are required to eat a piece even with a fork. This thought is reminiscent of Africans customarily seeking health care from both traditional and western medicine. Traditional medicine has been used for the treatment of various diseases since before the advent of western medicine in Africa. In South Africa, for example, 80% of the population seek health care from traditional healers.<sup>1</sup> It thus seems evident that they keep playing a major part in African health systems.

In *The Lancet Global Health*, Radhika Sundararajan and colleagues report on the use of traditional healers to improve HIV testing in Uganda.<sup>2</sup> Like many African

ulcer, and snake bites in Cameroon, where more than 80% of the patients seen at the hospital first consulted a traditional healer<sup>5</sup> because of the established relationship of trust they have with their community.<sup>6</sup>

Moreover, the COVID-19 pandemic has been an opportunity for African traditional medicine and healers to become involved in the management of patients facing many challenges. Several products issued from traditional medicine have been used by the population (eg, Elixir COVID in Cameroon, Covid organic in Madagascar, and BAELMBO Syrup in Mali), and some of them have eventually been considered and used for COVID-19 cases in many countries, including in Cameroon.<sup>7</sup>

See [Articles](#) page e1579







Madorsky, T. Z., Adebayo, N. A., Post, S. L., O'Brian, C. A., & Simon, M. A. (2021). Vaccine Distrust: A Predictable Response to Structural Racism and an Inadequate Public Health Infrastructure. *American journal of public health, 111*(S3), S185–S188. <https://doi.org/10.2105/AJPH.2021.306411>

OPINIONS, IDEAS, & PRACTICE **AJPH**

# Vaccine Distrust: A Predictable Response to Structural Racism and an Inadequate Public Health Infrastructure

*Toni Z. Madorsky, BA, Nihmotallahi A. Adebayo, MS, Sharon L. Post, BA, Catherine A. O'Brian, PhD, and Melissa A. Simon, MD, MPH*

## ABOUT THE AUTHORS

*Toni Z. Madorsky, Nihmotallahi A. Adebayo, Sharon L. Post, Catherine A. O'Brian, and Melissa A. Simon are with the Center for Health Equity Transformation, Feinberg School of Medicine, Northwestern University, Chicago, IL.*

**B**lack Americans have higher mortality rates from COVID-19 than the general population and also stand out as less inclined to accept COVID-19 vac-

Health 3.0 framework to meaningfully address structural racism.

Vaccine hesitancy, as defined by the World Health Organization, is a refusal

collaborative efforts.<sup>3</sup> This recognition of the role of local communities in public health practice was reinforced by research associating health outcomes with place, summed up in the conclusion that one's zip code is a stronger predictor of health status than one's genetic code.<sup>3,4</sup>

Yet a well-intentioned focus on communities as places can obscure the histories of structural racism that define them as determinants of health. In Chicago, Illinois, zip codes reflect a history of residential segregation, and structural racism continues to permeate civil society, causing the most marginalized members of society to live shorter lives than their wealthier White counterparts. In 2019, researchers from New York University School of Medicine reported that Chicago had the largest life expectancy gap across neighborhoods in the country.<sup>4</sup> The difference is as high as 30



# 5. Cultural ambiguity and socio-political knowledge



ERICH  
KATZELSON  
1894-1942  
GEBORNE IN  
BRUNNEN  
VERBODEN TOEGANG  
1942

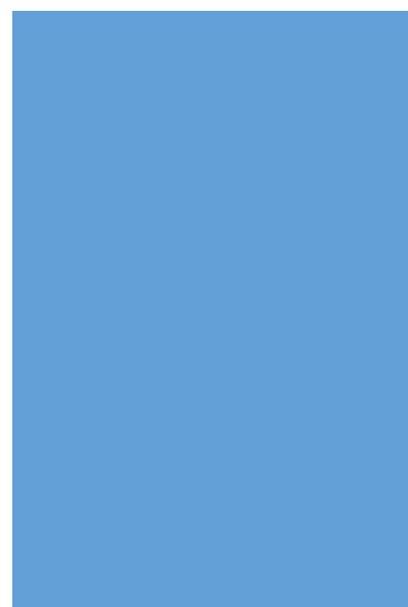
LISELOTTE  
KATZELSON  
1894-1942  
GEBORNE IN  
BRUNNEN  
VERBODEN TOEGANG  
1942

# SHEBEEN

musical theater storytelling

FREEDOM DAY  
SOUTH AFRICA

Workstatt der Kulturen  
Wilmannsstraße 33 / 12049 Berlin  
11.04.19 / 19:00 / Tickets: 10,-



SOUTH AFRICA  
WILL NEVER BE THE SAME

# MINERS

## SHOT DOWN

A film by  
Rehad Desai



[www.minersshotdown.co.za](http://www.minersshotdown.co.za)

DIRECTOR: REHAD DESAI | PHOTOGRAPHY: NIC HOFMEYR SHADLEY LOMBARD JONATHAN KOVEL | SOUND RECORDIST: PRESIDENT KAPA  
EDITORS: MENNO BOEREMA RUBEN VAN DER HAMMEN KERRYN ASSAIZKY MEGAN GILL STEEN JOHANNESSEN  
ORIGINAL MUSIC: PHILIP MILLER | CONSULTING PRODUCERS: BRIAN TILLEY BHEKI PETERSON HELLE FABER | PRODUCERS AND SCRIPT: ANITA KHANNA & REHAD DESAI  
FOR JUST FILMS AND OTHER FOUNDATIONS SOUTH AFRICA Orlando Bagwell, Caro Maritz, Sharon La Touche, Nikki Naylor FOR THE NATIONAL FILM AND VIDEO FOUNDATION Rebecca Lichtenblat and Tony Tabatnick FOR THE NATIONAL FILM AND VIDEO FOUNDATION Nelke Khanyedi and Clarence Hamilton  
FOR WOLFFSON MARION SIMPSON AND AMY RICHARDSON FOR MEDIA ACCESS SOUTH AFRICA Mikhalil Masilo and Jax Campbell  
Executive Co-producing Offices: BINY Mente Hoffmann Meyer IKON Marge De Koning NIK Tomika Okatze NIK Tone Tomter SVT Aron Axel 101 Lika Mkhahlehi BCS Sgeppad Lomiere







# 6. The transformative power of education

MES 2015/2016  
INTERNATIONAL FOOD FEST



# RACIAL MICROAGGRESSIONS

Where are you from? Where are you really from? No, where are you really really from?

What are you?

You speak English so well.

You're not like other Muslim people.

What do your people think about that?

You don't act like a normal

You're really pretty, for someone so dark.



Master of Science in Educational Sciences  
2016-2017

Looking towards the future



Learning to take a look at my own shoes





Thank you!